

REFERRAL

**GUIDE
LINES**



Who Are We?

CBS is a home based agency that creates customized programs for children diagnosed with autism and developmental disability designed by a BCBA (board certified behavior analyst) and implemented by RBT (registered behavior technicians).

Core Values

- Every child has a right to appropriate programs customized to them.
- Every child has a right to success through ethical and legal practice.
- Every parent has the right to advocate for the best results for their children.

Specialization

We specialize in ABA therapy, NET (natural environment teaching) and verbal behavior programs, to teach children language, adaptive living skills, executive function and social skills, as well as teaching children appropriate social behavior.

Who qualifies for ABA?

Children ages 2-21 years with a diagnosis of autism or developmental disability.



Our Process

1. Intake

- a. Insurance Eligibility
- b. Application, including proof of medical diagnosis and a prescription for ABA services

2. Assessment conducted by a BCBA in the home or office. Some assessment tools we use include but no limited to:

- I Assessment of Basic Language and Learning Skills- Revised (ABLLS-R)
- II Assessment of Functional Living Skills (AFLS)
- III Essential for Living (EFL)
- IV Functional Behavior Assessment (FBA)
- V Verbal Behavior Milestones Assessment and Placement Program (VB-MAPP)

3. BCBA will evaluate the data collected to inform the development of a treatment plan and behavior intervention plan [BIP] (if necessary).

- a. Extensive assessment report and specific treatment plan, including recommendations for the number of service hours.

- b. Plan might include: prompting/prompt fading, errorless teaching, shaping, correction procedures, positive reinforcement, differential reinforcement, pairing procedures, task analysis, chaining procedures, stimulus discrimination training, extinction, Verbal Behavior, Picture Exchange Communication System (PECS), sign language, speech generating devices, discrete trial instruction, and natural environment teaching.

4. Treatment packages typically include the following services, dependent on your insurance company's approval and medical necessity:

- a. Direct service hours with a qualified RBT
- b. Weekly supervision hours by a BCBA
- c. Weekly parent training hours by a BCBA
- d. Weekly treatment planning hours by a BCBA
- e. Coordination of care (i.e., team meetings)



Admission Criteria

- Diagnosis of Autism Spectrum Disorder (F84.0), as defined by the Diagnostic and Statistical Manual of Mental Disorders - Fifth Edition (DSM-5).
- Diagnosis of a developmental disability, defined as either (a) a significant delay in function in one or more of the following areas: (I) Cognitive development; (II) physical development; (III) communication development; (IV) social or emotional development; or (V) adaptive behavior or skills development, or (b) a diagnosed physical or mental condition that has a high probability of resulting in a substantial delay in function in one or more of such areas.
- The client's diagnosis must be made by a psychologist (PhD, PsyD), psychiatrist, or medical physician (MD). A diagnosis from a school psychologist will not typically be accepted based upon insurance and state guidelines.
- Clients who have not yet been diagnosed but are interested in ABA services may reach out to NBS for support to obtain an evaluation. NBS does not provide psychological evaluation or diagnosis, but works with community partners to aid clients in accessing care.
- Caregiver involvement is required throughout treatment!



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